

# NEBOSH International General Certificate in Occupational Health and Safety

**2018  
SPECIFICATION**



**“YOUR PATH TO BECOMING A GLOBALLY CERTIFIED OHS PROFESSIONAL”**

## Overview

NEBOSH has updated the International General Certificate — the most trusted health and safety qualification of its kind in the world. It’s designed to reflect the needs of today’s employer giving learners everything they need to know and do to make their workplace safer.

The new syllabus has been streamlined to allow core skills to be considered in greater depth. It covers methods to effectively manage health and safety, and how to identify, reduce and control the key hazards in every kind of workplace. Risk assessment is central to the IGC qualification, making sure it reflects the real-life roles people perform.

Moreover, the certificate will give learners invaluable knowledge and skills and a globally respected qualification that supports their current role and long-term career advancement.

## Who should attend

This qualification is relevant to every workplace and is ideal for manager, supervisor and anyone with health and safety management responsibilities. It is also beneficial for those who want to further their career in the HSE field or those who wish to enhance their HSE knowledge and provides a stepping stone to success.

## Entry requirements

Learners should have a competent and sound standard of English to understand and articulate the course syllabus (equivalent to an International English Language Testing System (IELTS) score of 6.0 or higher in IELTS tests).

## Course outline

### Unit IG1 Management of Health and Safety

- Why we should manage workplace health and safety
- How health and safety management systems work and what they look like
- Managing risk—understanding people and processes
- Health and safety monitoring and measuring

### Unit IG2 Risk Assessment (Practical assessment)

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity

## Assessment and Certification

Candidates are assessed by one Open Book Examination (OBE) that will test the learners' ability to analyse, evaluate & apply learning, and a practical risk assessment (three-hour) that will evaluate what learners can do. Upon successful completion and passing, learners will be awarded the NEBOSH International General Certificate in Occupational Safety & Health. Certification is issued by NEBOSH UK.

## How will the candidate be assessed?

- *Unit IG1 - Management of health and safety – via Open Book Examination (OBE) on available NEBOSH global dates*
- *Unit IG2 - Risk assessment – practical assignment to be submitted in 12 days from OBE exam date.*

## What is an open book examination?

Open book examinations enable learners to sit for NEBOSH assessment on his own at a safe and suitable location. Learners would simply need to let us know the country of their location at the time of exams. Learners will be given 24 hours window to complete the paper. This will be followed up with a virtual closing interview in 1 week from exam date.

Completion dateline for this qualification is up to 5 years from the date one passed his/her first successful unit.

## Benefits for Learners

With in-depth focus, this qualification covers the core skills that one will need. Delegates will learn:

- How to effectively manage health and safety
- How to identify and control common workplace hazards
- How to measure success
- Relevant key international standards

Risk assessment is extremely critical, through study and workplace application, delegates will be able to:

- Confidently carry out risk assessments
- Develop and implement a detailed action plan
- Manage and minimise workplace risks
- Support and develop the company's health and safety culture
- Ensure their teams undertake their daily activities safely

## Benefits for employer

According to ILO and EU-OSHA research, work-related injury and illness result in the loss of 3.9% of GDP worldwide, at an annual cost of roughly €2,680 billion. To go home safely at the end of the working day is a right, not a privilege.

This certificate is trusted by many prestigious organisations such as Maersk, Shell, BP, Skanska, Nestle, the Dubai World Trade Centre etc. It can help to:

- Boost employee wellbeing
- Minimise workplace injuries and illness
- Demonstrate your commitment to health and safety, which can help win business
- Strengthen your health and safety culture
- Ensure your organisation has valuable in-house health and safety expertise

## Professional Recognition and SQA Accreditation

The NEBOSH certificate has been accredited and credit rated by the Scottish Qualifications Authority (SQA). It sits in the Scottish Credit and Qualifications Framework (SCQF) at SCQF Level 6 with 11 credits. SCQF Level 6 is comparable to RQF Level 3 in England, Wales and Northern Ireland.



## Professional Membership

Upon receiving the qualification parchment for IGC, learner can apply for the following memberships.

Membership Body	Membership Category	Designatory Letters
International Institute of Risk and Safety Management	Associate	AIIRSM
Institution of Occupational Safety and Health (IOSH)	Associate	AIOSH
	Technical	Tech IOSH

## Study modes & location

- Full-time or Virtual Learning – 10 days of classroom based learning over a period of two weeks
- E-learning – Interactive learning via KBAT's E-learning portal. Delegates will be provided course materials online – requiring them to submit an assignment at the end of each unit to an assigned email address which will be assessed by a designated NEBOSH approved tutor over a 6-month period per unit (options to extend).

Delegates will enjoy FULL Tutor Support with marked assignment and tutor access for all elements throughout the course of study.



## Full-time or Virtual Learning

An interactive and disciplined learning method – the full-time course consists of an intensive and focused 10-day training conducted within two weeks. Training consists of lectures, videos, discussions, activities, assignments and sharing of professional experiences among delegates and trainers. During this period, delegates are guided by our expert trainers who are dedicated to maintain standards of each individual.

## E-Learning

KBAT's E-learning platform is implemented to keep pace with technology and modern lifestyle – designed for students on the go, enabling flexibility. Our E-learning contents are carefully developed, designed and customised to provide delegates an interactive and effective E-learning experience.

- Up-to-date course material online
- Access to KBAT's panel of expert trainers, making sure that the learning experience runs as smoothly as possible and answering any queries one may have
- Interactive quizzes set in with learning
- Assignments and a mock examination assessed by our trainers, providing delegates with valuable feedback
- Additional online resources and links to useful websites
- Forums where delegates may collaborate with trainers and fellow students to share experiences and discuss relevant topics



Regardless which study mode, after completion of all assignments to a satisfactory standard, delegates may register onto the nearest NEBOSH EXAMINATION date available.

Examination is to be taken remotely even at the comfort of learner's home. Learners will be able to access textbooks, notes and any other resources while sitting the exams.

Learners only have 24 hours to complete and submit the examination.

NEBOSH has a clear policy on plagiarism and collusion within assessments which is available in NEBOSH website. NEBOSH takes all forms of assessment malpractice seriously. Please be aware that highly plagiarised open book examination submission will be subject to penalty and suspension.

Click and drag on the word grid to find the answers. Answers can be horizontal, vertical or diagonal. Good Luck!

K	U	E	V	L	F	Q	O	X	I	D	C
Z	R	S	O	C	I	A	L	L	Q	S	K
A	G	C	D	G	X	L	O	U	N	W	R
V	F	M	O	R	A	L	B	E	I	J	Z
Y	L	I	N	X	R	A	Z	H	S	X	E
J	S	Z	W	S	I	U	O	D	Z	C	J
O	Y	V	I	Y	K	H	C	L	O	F	U
C	J	T	S	R	I	E	T	N	X	K	D
O	W	T	V	G	X	P	O	C	D	M	P
J	K	I	Q	W	G	M	L	A	Q	L	Z
N	D	S	Y	H	I	O	Y	Z	E	R	K
J	M	P	R	C	G	K	J	E	A	W	Y

- MORAL
- SOCIAL
- ECONOMIC
- ILO
- ISO

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    - Element 1 - Foundations in Health & Safety
    - E1 True and False Quiz
    - Element 1 - Personal Assessment
    - Element 1 - Wordsearch

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The risk rating can then be classified, normally into low, medium and high although more complicated numerical systems are in use by some companies.

The aim is to prioritise the observed risks.

Companies may have developed their own Risk Rating Categories.

The simplest calculation is Low, Medium or High as shown below in a Risk Matrix.

		PROBABILITY					
		1	2	3	4	5	
CONSEQUENCE	5	LOW	MED	HIGH	HIGH	HIGH	LOW Acceptable level of risk. Risk is controlled as far as reasonably practicable. Existing Controls to be continuously monitored.
	4	LOW	MED	HIGH	HIGH	HIGH	
	3	LOW	MED	MED	HIGH	HIGH	MED Should aim to reduce risk further to As Low As is Reasonably Practicable. (ALARP)
	2	LOW	LOW	MED	MED	MED	HIGH Unacceptable level of risk. Hazard

This is used to calculate the risk me  
Calculation Tables are numerical as

HOME / MY COURSES / NEBOSH / NEBOSH IGC 1 DISTANCE LEARNING / ELEMENT 4 - HEALTH AND SAFETY MANAGEMENT SYSTEMS... / E4 TRUE AND FALSE QUIZ / PREVIEW

Question 1  
Not yet answered  
Marked out of 1.00  
Safety controls are based on general principals from the Hierarchy of Control.  
Select one:  
 True  
 False

Question 2  
Not yet answered  
Marked out of 1.00  
Manual handling involves lifting, pushing, pulling, handling, carrying and throwing objects using bodily force only.  
Select one:  
 True  
 False

Question 3  
Not yet answered  
Marked out of 1.00  
There are only five types of incident data that can be used to provide statistical data from previous accidents.  
Select one:  
 True

QUIZ NAVIGATION  
1 2 3 4 5 6 7 8 9 10  
Finish attempt ...  
Time left: 0:44:53  
Start a new preview

NAVIGATION  
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Introduction  
Element 1 - Foundations in

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